



Homework Help Ideas for School-Age Kids

Printable Tools & Trackers

- Weekly Homework Planner: A simple chart with subjects, due dates, and checkboxes
- "I Did It!" Completion Tracker: Celebrate finished assignments with stickers or stamps
- Subject-Specific Cheat Sheets: Math formulas, grammar rules, science facts
- Reading Log with Mood Tracker: "How did this book make you feel?"
- Homework Routine Chart: Visual steps like "Snack," "Set up space," "Start timer," "Take break"

Creative Support Strategies

- Homework Bingo: Tasks like "Finished without whining," "Used a dictionary," "Asked a great question"
- Color-Coded Folders: One for each subject to reduce clutter and confusion
- "Ask Me Anything" Cards: Let kids write down confusing questions to discuss later
- Mini Scrolls of Encouragement: "You're smarter than you think," "Mistakes mean you're learning"
- Homework Buddy System: Pair with a sibling, parent, or stuffed animal for moral support

Emotional & Focus Tools

- Brain Break Cards: Quick activities like "Jump 10 times," "Draw a silly face," "Stretch like a starfish"
- Calm-Down Corner: A cozy space for when frustration hits
- Timer Tools: Use visual timers or apps to break work into chunks (Pomodoro style)

- Affirmation Cards for Focus: "I can do hard things," "One step at a time," "I am learning every day"

💡 Parent Tips to Include

- Create a consistent homework time and space
- Break tasks into smaller steps
- Offer choices: "Do you want to start with math or reading?"
- Stay nearby but not hovering—be a calm presence
- Celebrate effort, not just result

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